

Media Kit

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Dr. Ana
Castilla

SPEAKER, AUTHOR, HOST OF
THE QUEENMODE PODCAST



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OFFICIAL BIO

DR. ANA CASTILLA is an orthodontist, entrepreneur, author, speaker, and podcast host dedicated to helping women build **POWERFUL** businesses and **UNSHAKEABLE** confidence.




**8-Figure
Entrepreneur**


DDS & MBA


**Host of
QueenMode Podcast**


**Business
Speaker**

Meet Dr. Ana Castilla:

Dr. Ana Castilla is an orthodontist, entrepreneur, author, podcast host, and transformational speaker who believes women can build empires without losing themselves in the process. Born in Ecuador and raised in Brooklyn, Ana learned early the values of hard work, resilience, and faith in possibility. She earned her first degree in Welding Engineering from The Ohio State University, became a manufacturing engineer, and later returned to dental school — eventually founding Castilla Orthodontics in Oregon.

With everything on the line, Ana grew her small practice into a powerhouse brand that she later sold for eight figures. That journey taught her that strategy and mindset — not circumstance — determine success.

Today, through her writing, keynote talks, and QueenMode podcast, Ana empowers women entrepreneurs to combine business intelligence with emotional intelligence — to scale profitably, lead confidently, and live intentionally. Her unique approach blends MBA-level business strategy, real-world entrepreneurial grit, and heart-centered leadership.

Whether she's on stage, behind the mic, or mentoring founders, Ana's message is simple yet powerful: when you align purpose with bold action, you become unstoppable.


Queen
MODE
PODCAST

Queen MODE PODCAST



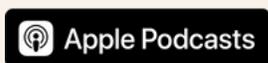
Helping Women Build Powerful Businesses and Unshakable Confidence

The QueenMode Mission:



QueenMode was born from Ana's belief that women don't need to choose between ambition and authenticity. After scaling her business from near bankruptcy to an eight-figure success, Ana realized the greatest victory wasn't financial—it was discovering who she became in the process.

Through candid conversations and powerful storytelling, QueenMode helps women entrepreneurs cultivate the mindset, strategy, and energy to rise in every area of life. Each episode delivers practical insights on business, leadership, and self-mastery—mixed with real talk about what it takes to lead with heart.



Popular Episodes



Stop Procrastinating: The Real Reason You're Not Taking Action and How to Start Today



Sales Is Not a Dirty Word – It's How Women Entrepreneurs Change Lives



Stop Being Busy and Start Being Effective – The Productivity Mindset Women Entrepreneurs Need to Move the Needle.

Dr. Ana Castillá



Select Media Features:

NEW YORK POST

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***Elite* DAILY**

K5

Speaking TOPICS

LEADERSHIP

DR. ANA
CASTILLA

Productivity

WOMEN IN ORTHO
2024 CONF

MINDSET

Strategy

WELLNESS

Marketing



Dr. Ana Castilla combines the precision of an engineer, the strategy of an MBA, and the heart of a TRANSFORMATIONAL LEADER. Her work spans the worlds of business, branding, and MINDSET — empowering women entrepreneurs to scale profitably while living with intention. Each topic she teaches blends practical frameworks with REAL WORLD experience from her journey of building, selling, and leading multi-million-dollar companies.

BOOKS & PUBLICATIONS



An orthodontist turned BUSINESS LEADER, Dr. Ana Castilla is the AUTHOR of The Smile of Your Life and a forthcoming book exploring leadership, grit, and reinvention. Her writing—from Mom Magazine to scientific journals to her QueenMode-inspired BLOG, “The Ascend Journal”—bridges science, strategy, and soul to empower women to redefine success on their own terms.



**Book: The Smile of
Your Life**



Published 2018



Available on:

-Amazon

-Barnes & Noble

-IndieBound

-Porchlight Books

NEXT RELEASE-COMING 2026!

A journey of leadership, resilience, and the courage to rise again.

Dr. Ana Castilla’s next book pulls back the curtain on the truth behind success — the grit, grace, and growth it takes to rise from humble beginnings to leading multimillion-dollar enterprises. Drawing from her own extraordinary journey as an immigrant, engineer, orthodontist, and entrepreneur, Ana blends personal storytelling with actionable lessons on leadership, mindset, and resilience. Written for women ready to rewrite what success looks like, this upcoming release is both a roadmap and a rallying cry: you don’t just build a business — you build yourself in the process.



Collaborate With

Dr. Ana
Castilla



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dranacastilla.com



contact@dranacastilla.com



West Linn, Oregon

Available for U.S. & International Engagements.

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